

HOW'S MY DRIVING?

As a commercial vehicle driver, you have an important job to do. With nearly six million commercial motor vehicles on our nation's roads and highways, it's important to understand how to drive safely so you and other drivers make it to your destinations. Your most important stop is the one you make at your front door -- how safely you get there is up to you. Take this quiz to find out how much you understand about driving your big-rig safely.



DRIVE TO STAY ALIVE

TRUCKING QUIZ SECTION

Truckers live on the road. It's the unsafe ones who die there.

CMV DRIVING TIPS AND TECHNIQUES QUIZ

- 1** *One-third of all crashes between large trucks and cars take place in a "no-zone."*
 - a. True
 - b. False

- 2** *While driving, how far in front should you look in order to avoid dangerous situations?*
 - a. 5 seconds
 - b. 10 seconds
 - c. 15 seconds

- 3** *How often should you check your mirrors?*
 - a. Every 50 to 60 seconds
 - b. Every 10 to 15 seconds
 - c. Every 5 to 8 seconds

- 4** *Taking shortcuts is a safe way to save time on your trip.*
 - a. True
 - b. False

- 5** *Before making a lane change, you should first scan adjacent traffic, then use your turn signal.*
 - a. True
 - b. False

- 6** *Nearly 25% of speeding-related large-truck fatalities occur during adverse weather conditions.*
 - a. True
 - b. False

- 7** *Speed limits posted on curve signs are intended for both passenger vehicles and large trucks.*
 - a. True
 - b. False

- 8** *Before entering a work zone you should:*
 - a. Decrease your speed
 - b. Merge into the correct lane well ahead of any lane closures
 - c. Be prepared to slow down or stop suddenly
 - d. All of the above

- 9** *Truck rollovers are more likely to occur:*
 - a. On curved exit/entrance ramps
 - b. During a lane change
 - c. As a result of high winds

- 10** *Speed-related crashes are more likely to be fatal than any type of motor vehicle crashes in Utah.*
 - a. True
 - b. False

11

Without a seatbelt on, your chances of being killed are almost 25 times higher if thrown from a vehicle in a crash.

- a. True b. False
-

12

Research indicates that being awake for ___ hours is comparable to driving while under the influence of alcohol.

- a. 10 b. 13 c. 16 d. 18
-

13

Which of the following driving behaviors indicate drowsiness?

- a. Difficulty focusing, frequent blinking or heavy eyelids
b. Trouble remembering the last few miles
c. Repeated yawning
d. Trouble keeping your head up
e. All of the above
-

14

Skipping meals or eating at irregular times will help you stay awake because your body will crave food and keep you awake until you eat.

- a. True b. False
-

15

How long should you wait to start driving after you take a nap?

- a. 5 min b. 10 min c. 15 min d. 25 min
-

16

Which are types of distracted driving that all drivers experience?

- a. Cognitive b. Manual c. Visual d. All of the above
-

17

Truck drivers who text while driving are 23 times more likely to get into a crash.

- a. True b. False
-

18

In recent years, which of the following behaviors were among the top causes of fatal crashes involving large trucks?

- a. Excessive speed b. Distraction/inattention
c. Drifting into other lanes d. Obscured vision
e. Failing to yield to right-of-way f. All of the above
-

19

Sending or receiving text messages takes a driver's eyes off the road for an average of 4.6 seconds.

- a. True b. False
-

20

Hands-free devices or other voice-activated systems do not lead to distracted driving.

- a. True b. False
-

ANSWERS

1. t, 2. c, 3. c, 4. f, 5. t, 6. t, 7. f, 8. d, 9. a, 10. f, 11. f, 12. d, 13. e, 14. f, 15. c, 16. d, 17. f, 18. f, 19. f, 20. f



*For more information on driving safely,
email drivetostayalive@utah.gov,
visit udot.utah.gov
or call 801.965.4892 or 866.215.5399.*